

### Food Service Info

- All students will eat in the cafeteria.
- Students may purchase a school lunch or bring a packed lunch from home upon arrival.
- Lunches consist of an entrée' (2 meat 2 grain), fruit, vegetables and milk. Bottled water, 100 % Juice, and a-la-carte items are available from the cafeteria for all students to purchase.
- Meals from outside establishments are not permitted for delivery by or for students. (No KFC, SUBWAY, ECT deliveries). Please note that VCS is a **closed campus**, which means students **may not** leave the school grounds to purchase a lunch elsewhere. No deliveries of lunches to the school during lunchtime.
- No microwave use for packed lunches **due to** temperature cooking guidelines.

**Birthday treats are to be store bought and must include one compliant item. (Water or 100% juice) please communicate with teachers due to allergies in the classroom.**

Applications for free or reduced cost lunches are in the school office, on the web page, or by calling the food service department at ext. 1113. Some students may be eligible for participation in the Free and Reduced Lunch program. These forms need updated yearly and are required by September or parents are responsible for any lunch cost that occur until forms are turned in. Food service department will notify you of your status.

Valley Christian Schools participates in NSLP, CACFP, SSO and FFV Federal Programs.

- Breakfast cost is \$1.25 (.25 Reduced) and Lunch is \$3.00, (.40 Reduced)
- A free afternoon fruit/vegetable snack offered during class for K-3 at PG and Central.
- Dinner is Free, at Central from 3:30-4:00 pm for all VCS students who stay after school for any reason.
- Menus are located on our school web page and in cafeterias. ([www.valleychristianschools.net](http://www.valleychristianschools.net)).

- Alternate meal options offered daily. Menus may change due to availability of product. Available for purchase in the cafeteria: extras, snacks, and drinks (no charging of these items) **WAM** is offered at the central and PG campus. This is a program that if a child receives a meal then they may buy an extra entrée for a \$1.00 (With A Meal)

**All allergies submitted with proper documentation from a doctor for the food service department to comply with request.**

**All Carb Counts posted on our menus under the Build a Meal tab**



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Covid 19:

Meals are disturbed on Tuesdays 4:00-6:00 pm during Covid -19 on line classes. All Student can pick up 5 Breakfast and 5 lunches. Watch web page for updates.

- Please Note Menus may change to do availability of products









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